



# WelChol (colesevelam) tablets

## Patient Advisory Label Update®

**DRUG NAME:** WelChol (colesevelam) tablets

**MANUFACTURER:** Sankyo Pharma Inc.

**INDICATIONS FOR USE:** For the treatment of primary hypercholesterolemia (helps to lower levels of cholesterol in the blood) alone or with a statin. Works in conjunction with diet and exercise.

**In order to assist you with your patient counseling, we recommend the use of the following Patient Advisory Label(s) when you dispense *WelChol*:**

A-5:



*Research:* Package insert states: "tablets should be taken with a liquid." Water is the universal vehicle that assists in the break down of medication and does not cause unwanted side effects.

A-10:



*Research:* Package insert reminds us to "take this medicine with a meal." This label reinforces that message and will aid to reduce dyspepsia (stomach upset due to the medication).

A-13:



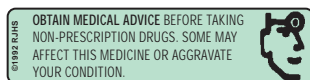
*Research:* This label is considered the "universal" counseling label that informs/reminds the patient to follow the physician's instructions in order to obtain the desired therapeutic outcome.

A-9:



*Research:* A patient's diet is the most important part of controlling their condition and is necessary for this medication to work properly. If the patient's physician has suggested a diet, stress the need to follow it.

A-14:



*Research:* Concern is with the use of any over the counter products that may interfere with this medication or aggravate a condition. Again a "universal" label applicable to all medication.

**Please Note:** The Patient Advisory Label Update® and The Patient Advisor® are intended to provide the healthcare professional with easily accessible, practical drug counseling information to use when verbally communicating with a patient about a particular drug. The information printed here is designed to assist, not replace, professional judgement. The author, manufacturer or distributor make no claims regarding proper use of this information.

References available upon request

To obtain Labels or other Patient Counseling Information:



**R•J Health Systems, Inc.**

P.O. Box 290616 • Wethersfield, CT 06109 • Phone: 860-563-1223 Fax: 860-563-1650 • or on the web: [www.rjhealthsystems.com](http://www.rjhealthsystems.com)



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## Patient Advisor®

**Be sure to read all this information and contact your doctor or pharmacist if you have any questions that are not answered here.**

### **THIS MEDICATION IS USED:**

To lower the levels of cholesterol in the blood, alone or with other medications.

### **PROPER USE OF THIS MEDICATION:**

- Take this medication exactly as your doctor has instructed.
- Take this medicine at the same time(s) every day.
- This medication should be taken with food, a full meal, and a full glass of water (4 ounces).

### **IMPORTANT INFORMATION TO REMEMBER:**

- You should follow a standard cholesterol lowering diet while taking this medicine. Your diet is the most important part of controlling your condition and is necessary for this medicine to work properly.
- DO NOT change the amount of medicine taken or stop the medicine abruptly without first consulting with your doctor.
- It is very important that you tell your doctor or pharmacist if you are taking other prescription medications. This medicine may change the effect of other medications you may be taking.
- DO NOT use any non-prescription drugs such as diet pills; cough, cold or allergy medicines; vitamins or drugs for constipation without first talking with your doctor or pharmacist. Some may affect this medicine or aggravate your condition.

### **POSSIBLE SIDE EFFECTS:**

Stomach discomfort, gas, constipation and/or diarrhea, nausea, headache, abdominal pain.

### **MISSED DOSE INSTRUCTIONS:**

If you miss a dose, take it as soon as possible. BUT if it is almost time for the next dose, DO NOT take the missed dose or DO NOT DOUBLE the next dose. Instead, continue with your regular dosing schedule.