



# PLETAL (cilostazol) tablets

## Patient Advisory Label Update®

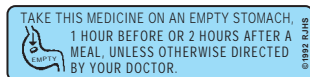
**DRUG NAME:** PLETAL (cilostazol) tablets

**MANUFACTURER:** Otsuka America Pharmaceuticals

**INDICATIONS FOR USE:** For the treatment of intermittent claudication (pain in the legs that occurs because narrowing of the arteries decreases blood flow to the legs.)

**In order to assist you with your patient counseling, we recommend the use of the following Patient Advisory Label(s) when you dispense *Pletal*:**

A-3:



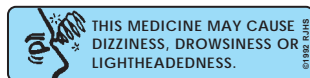
*Research:* Package insert states: "to take this medication no less than 30 minutes before or 2 hours after breakfast & dinner." It is noted that high fat meals increase absorption by greater than 90%.

A-57:



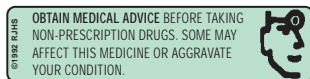
*Research:* Package insert clearly points out to "avoid" consuming grapefruit juice while on this medication. It also states that other citrus juices may be taken.

A-15:



*Research:* Dizziness and lightheadedness is noted in the literature. Advise the patient to avoid sudden changes in posture or driving until they know how they may react to it. If these side effects continue, patient should call his/her physician.

A-14:



*Research:* Concern is with the use of any over the counter products that contain aspirin or may aggravate a side effect such as dizziness.

A-13:



*Research:* This label is considered the 'universal' counseling label when maintenance, long term therapy is needed to obtain the desired therapeutic outcomes. The treatment of Intermittent Claudication may require long term use before effect is noticed.

**Please Note:** The Patient Advisory Label Update® and The Patient Advisor® are intended to provide the healthcare professional with easily accessible, practical drug counseling information to use when verbally communicating with a patient about a particular drug. The information printed here is designed to assist, not replace, professional judgement. The author, manufacturer or distributor make no claims regarding proper use of this information.

References available upon request

To obtain Labels or other Patient Counseling Information:



**R•J Health Systems, Inc.**

P.O. Box 290616 • Wethersfield, CT 06109 • Phone: 860-563-1223 Fax: 860-563-1650 • or on the web: [www.rjhealthsystems.com](http://www.rjhealthsystems.com)



# PLETAL (cilostazol) tablets

## Patient Advisor®

Be sure to read all this information and contact your doctor or pharmacist if you have any questions that are not answered here.

### **THIS MEDICATION IS USED:**

To improve the blood flow in the legs and reduce leg pains.

### **PROPER USE OF THIS MEDICATION:**

- Take this medication exactly as your doctor has instructed.
- Take this medicine twice daily, at least 1 hour before or 2 hours after meals, usually after breakfast and dinner with a full glass of water (4 ounces).
- DO NOT EAT grapefruit or DRINK grapefruit juice while taking this medicine.

### **IMPORTANT INFORMATION TO REMEMBER:**

- It is IMPORTANT that you take this medicine regularly and DO NOT miss any doses. The full effects of this medicine may not be seen immediately. It may from 2 to 4 weeks and up to 12 weeks for the full benefits to be noticed.
- This medicine may cause dizziness or light-headedness. Avoid sudden changes in posture. Sit or lie down at the first sign of dizziness. DO NOT drive a car, operate dangerous machinery or do jobs that require you to be alert until you know how you are going to react to this medicine.
- It is recommended that you DO NOT SMOKE while you are taking this medicine. SMOKING will decrease the effect of this medicine.
- DO NOT use any prescription or non-prescription drugs such as diet pills; antacids; cough, cold or allergy medicines or pain relievers that contain aspirin without first talking with your doctor or pharmacist. Some may affect this medicine or aggravate your condition.

### **POSSIBLE SIDE EFFECTS:**

Headache, diarrhea, palpitations, dizziness, flatulence (gas), nausea, stomach upset, rhinitis (runny nose), abdominal pain, rash.

### **MISSED DOSE INSTRUCTIONS:**

If you miss a dose, DO NOT take the missed dose or DO NOT DOUBLE the next dose. Instead, continue with your regular dosing schedule.